



# CHALLENGE TO CONNECT

2019-1-RO01-KA204-063705  
Host organization: FAPFEIRA



March 2020



VIAGEM MEDIEVAL  
EM TERRA DE SANTA MARIA



Santa Maria da Feira | Portugal



## ABOUT OUR ORGANIZATION

FAPFEIRA is the federation of parents/guardians associations from Santa Maria da Feira's county. FAPFEIRA was established on 6 February 1999 and is an independent, non-profit and private institution with public interest. FAPFEIRA is in permanent cooperation with the local parents associations; educational communities' management; students; institution and the municipality, works to implement and maintain conditions for the effective participation of all parents in the educational process with responsibility.

The main aspirations of FAPFEIRA are: to contribute to an integrated participation of Parents and Guardians in Education; to establish the necessary dialogue and collaboration between the various members of the educational community, associations or other similar entities, local community, local authorities and other official bodies; to promote and assist in the local educational community initiatives; to make interventions in order to protect the cultural, moral and physical interests of students as well as the resolution of problems relating to education; to intervene with sovereign bodies, authorities and institutions, to allow and facilitate the exercise of rights and fulfillment of duties fit to Parents and Guardians and propose changes at policymaker level that promote the interests of children.

For this, FAPFEIRA is developing training actions for parents, programs for the promotion of emerging literacy in children aged five; summer camps and physical activity sessions for kindergarten children. It is supporting the strengthening of parental skills and the situation of parental exclusion.

It has two activity centers, one in Santa Maria de Lamas (coordinating center for parental support) and its headquarters located in the city center where it monitors risk situations and coordinates meetings of mutual help.

## THE CITY: SANTA MARIA DA FEIRA

Santa Maria da Feira is a medium sized city with about 140.000 inhabitants. It is located in Northern Portugal, in the region between the Douro and Vouga rivers, as part of Porto metropolitan area and Aveiro district. Administratively, the municipality is divided into 21 civil parishes. Santa Maria da Feira is a heavily industrialized municipality and is famous for its several cork transforming and shoe factories. The seat of the municipality is Feira, famous for its medieval castle which was the residence of Portugal's first king, Afonso Henriques, for a short period of time. The castle, became immensely important as time went by, as the core of the Lands of Santa Maria. Every year, in august, a medieval festival takes place in Santa Maria da Feira - the [Viagem Medieval](#) - during which the city goes back to the middle Ages. In May a street art festival – called [Imaginarium](#) – brings art to the town and welcomes artists from all over Europe. The municipal holiday is January 20. It's the day when the whole municipality celebrates the Fogaceiras. The Fogaceiras is a special local holiday. During the Middle Ages, the lands of Santa Maria (as it was known back then) were infested by the dark plague. To get rid of this calamity, the locals offered a sweet roll, called fogaça (the most typical food of Feira), to the patron Saint Sebastian. The Fogaceiras have been celebrated for five hundred years, since the eradication of the dark plague. The municipality has also an important congress center – [Europarque](#) –. Learn more about the city at: [www.visitfeira.travel/index.php](http://www.visitfeira.travel/index.php). See our events: <https://youtu.be/Qa6MpDGr43M>.



## HOW TO GET

### Plane:

Aeroporto Francisco Sá Carneiro (Porto) is the nearest International Airport. [www.aeroportoporto.pt/](http://www.aeroportoporto.pt/)

### Bus:

Airport – Porto City: <https://www.getbus.eu/pt/porto-aeroporto-porto/>

Porto City – Santa Maria da Feira (TRANSDEV company) Check timetable online at <http://www.transdev.pt>

## ACCOMMODATION

<http://www.visitfeira.travel/index.php?s=6&ss=33>

### HOTEL DOS LOIOS



GPS N 40°55'34,31" W 8°32'41,15"

t. 256 379 570 / 962 042 398 / 915 283 824

[geral@hoteldosloios.com](mailto:geral@hoteldosloios.com)

[www.hoteldosloios.com](http://www.hoteldosloios.com) | <https://www.facebook.com/HoteldosLoios/>

The modern Hotel Dos Loios offers an elevator and private parking. It contains 36 bright rooms that strike a perfect balance between comfort and style. The hotel staff speaks English, Spanish and Portuguese. Number of rooms: 36

### Rooms

A minibar, cable television and a fridge are provided to all guests. Most of the rooms present you a panoramic view over landscape. They are adorned with wooden furniture and carpet floor.

### Leisure

Hotel Dos Loios Santa Maria da Feira also includes a swimming pool.

### Internet

Wireless internet is available in the entire hotel for free.

### NOVA CRUZ HOTEL



GPS N 40°55'31,46" W 8°33'37,84"

t. 256 371 400

[geral@novacruzhotel.com](mailto:geral@novacruzhotel.com)

[www.novacruzhotel.com](http://www.novacruzhotel.com)

Nova Cruz Hotel is a 4-star accommodation close to FAPFEIRA's head office. It contains 65 air-conditioned rooms that strike a perfect balance between comfort and style. The staff at the hotel speaks English, Spanish, Italian and Portuguese.



### Rooms

Some rooms feature flat-screen television, tea and coffee making facilities and a sitting area for your convenience. You can enjoy views of garden. They come with a bathtub, a hairdryer and a dryer. Number of rooms: 65.

### Leisure

This accommodation offers a gym area and a fitness center.

### Internet

Wireless internet is available in the entire hotel for free.

## HOSTEL DA PRAÇA



GPS: 40.966679,-8.533620

t. 256 338 186

[info@hosteldapraca.pt](mailto:info@hosteldapraca.pt)

<https://hosteldapraca.pt>

Hostel Da Praça stands in the historical center of Santa Maria da Feira and provides a sun terrace, a night club and a business center. A designated area for smoking, an elevator and an ATM are provided on-site. The hostel staff speaks English, Spanish and Portuguese.

### Rooms

Guestrooms include access to a shared kitchen with a microwave, kitchenware and a pantry. The beds in the rooms including 8-bed mixed Dorm and Deluxe Double Room are fitted with lockers, reading lights and feather pillows. Guestrooms feature access to a suite bathroom. Free toiletries, shower caps and towels are also available. Number of rooms: 13.

### Leisure

The hostel offers darts and cycling for guests.

### Internet

Wireless internet is available in the entire hostel for free.

## ABOUT THE PROJECT

PLACE AND DATE: Santa Maria da Feira, 15-21.03.2020 (with 2 travel days included).

PARTICIPANTS: 20 participants, 5 from each country.

LANGUAGE: The official language of the project is English.

### Coordinator:

BOLBOSI INITIATIVE PARENTS ASSOCIATION – Romania (Bolbosi)

Email: [iniciativaparintilor@gmail.com](mailto:iniciativaparintilor@gmail.com), Tel. +40766753998, +40766465424



### Partners:

PLAYING – Greece (Xalandri)

[www.paizontas.gr](http://www.paizontas.gr), Email: [fissask@gmail.com](mailto:fissask@gmail.com), Tel. +302106851295, +302106851295

FAPFEIRA – Portugal (Santa Maria da Feira)

[www.fapfeira.pt](http://www.fapfeira.pt), Email: [fapfeira@fapfeira.pt](mailto:fapfeira@fapfeira.pt), Tel.: +351916075616

SHKOLLA FILLORE NIKOLLA VAPCAROV SHKUP – The Republic of North Macedonia (Skopje)

[www.imrielezi.edu.mk](http://www.imrielezi.edu.mk), Email: [nikola-vapcarov@hotmail.com](mailto:nikola-vapcarov@hotmail.com), Tel. +389022622675

### Selection criteria:

20 adult educators, 5 per organization with:

- Basic knowledge of English.
- Staff involved in parent education.
- School staff working with parents.
- Responsible parenting programs within the school.

### Main objective:

Improvement of parental involvement among low skilled parents from the partner organization through provision of adult educators training and learning activities in communication and literacy fields.

### Specific objectives of the project:

- To learn share and discuss effective strategies for parental involvement through peer to peer exchange of ideas between 20 adult educators from the partners countries with a focus on low skilled parents.
- To develop knowledge skills and tools in developing communication and family literacy among 20 adult educators from the partner countries through development of 4 international workshops.
- To foster development of literacy and social skills among 320 parents from the partner countries in order to increase their involvement through the development of family literacy program in local communities on a 3 month period.

### Activities:

Organizations presentations, project and program presentation, cultural visits, study visits, debate and discussions.

15 March 2020 (Sunday):

- participants' arrival

16 March (Monday):

- knowing organizations and each other (morning)
- project and program presentation (afternoon)

17 March (Tuesday):

- Study visits - Municipality, CPCJ, FAPFEIRA, EB1 São João de Ver, (morning and afternoon)

18 March (Wednesday):

- Debating the study visits (morning)
- Cultural activities (afternoon)
- Delivery of CONFAP child-friendly school stamps (evening)



19 March (Thursday):

- Father's Day at school (morning)
- Discuss parental involvement models in the partner countries (afternoon)

20 March (Friday):

- Workshop – discuss barriers in parental involvement, delivery of certificates (morning)
- Cultural activities (afternoon)

21 March (Saturday):

- participants' farewell

### Rules and principles of the mobility:

1. Answering the requirements of the sending and receiving organizations accordingly and respecting the deadlines for each task/activity.
2. Attendance at mobility activities and individual activities for the preparation and follow up.
3. Following the set of rules of behavior inside the group during the mobility.

### Preparation of the participants for the mobility:

Under the supervision and support of the organizations, the participants will get relevant information regarding the project and the activities in which they will be involved; guidance to identify their learning objectives and presentation of the general consideration of the mobility program and discussing each proposed activities.

### Task related preparation:

- Each organization must prepare and bring a self-presentation.
- Intercultural preparation.
- Think about parental involvement models in their countries.
- Point out some barriers in parental involvement.

### What to bring:

- Travel insurance and European Health Card.
- Medicines and insurance.
- Your personal belongings.
- Bring comfortable shoes and clothes.

### Currency:

The national currency in Portugal is (1 EUR = 4.76 RON = 61.62 MKD). In Santa Maria da Feira and all over Portugal you can find lots of ATMs. In most of the shops, you can pay by card.

### Certification:

Participants will receive a certificate.

### Cultural Experience:

1. Cultural Trip to Oporto.
2. Cultural Trip in Surroundings of Santa Maria da Feira.
3. Visit of the city.



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#### Weather:

You can check the weather here:

<https://weather.com/weather/monthly/l/84f92272a4bdb053fd985095e3bbfc9cb745ec2c32625bc7e0a122c8ab7330ae>

#### Contact details for your travel:

- Luís Barbosa +351919328009 (also WhatsApp)
- Paulo Fortunato +351938881207 (also WhatsApp)
- Elvira Baptista +351963192317
- Catarina or Isabel +351916075616
- [fapfeira@fapfeira.pt](mailto:fapfeira@fapfeira.pt) or [CCAP@fapfeira.pt](mailto:CCAP@fapfeira.pt)